

Aftercare Neuromodulator/Dermal Filler

Neuromodulators: Botox

While you can apply makeup almost immediately after the treatment, you should avoid facials and saunas on the day of treatment.

It is recommended to use the injected muscles as much as possible for the first 1 to 2 hours post treatment. While this is recommended, forgetting it won't impact the treatment negatively.

It can take around 14 days for the results to show their full potential. 50% of patients will notice a change in 1 week.

Avoid touching or rubbing the injection site for at least 4 to 6 hours following the treatment.

Do not exercise or indulge in any physically intensive activities that cause you to sweat for 4 hours post the treatment.

Avoid rubbing, massaging or pressing on the treated area for 4 hours post administration.

You might experience bruising at the treatment site. This may be covered with make-up the next day if desired.

Avoid facials, microdermabrasion, laser hair removal/treatments, or tattoo etc in the treatment area for 2 weeks post procedure. appointment. Pharmacist if you are unsure.

Dermal Fillers: Juvederm

It is common to experience redness, bruising, tenderness, and swelling for a couple of days post treatment. These symptoms typically subside. If the symptoms persist after a week, it is essential to contact your service provider.

Use a cold compress to help with swelling and discomfort post-treatment. You can take simple analgesia such as paracetamol to help you feel comfortable if required.

Avoid using makeup, sunscreen or other topicals until the next day after the treatment.

Avoid alcohol, strenuous exercise and blood thinning medication for the first 24 to 48 hours post treatment, as it can worsen the redness and swelling.

Avoid touching or massaging the treated areas for about 6 hours after dermal fillers.

Do not have any facial procedures for at least two weeks after the administration of dermal fillers.

Possible Complications

Dermal Fillers

Possible risks and complications may include:

Acne, reactivation of herpes simplex, asymmetry, bleeding from the injection site, bruising, damage to the skin that results in a wound and possible scarring, infection at the injection site, lumps, palpability of the filler under the surface of the skin, skin necrosis (ulceration or loss of skin from disruption of blood flow), skin rash with itching, skin redness, swelling, and under-or over-correction of wrinkles.

Botox

Possible risks and complications may include:

Pain, swelling or bruising at the injection site, headache or flu-like symptoms, droopy eyelid or cockeyed eyebrows, crooked smile or drooling, eye dryness or excessive tearing, muscle weakness.

Concerns:

If you are concerned about any aspect of your treatment, we are concerned. You may be scheduled for a 2 week post-procedure visit if this is a new treatment for you. Please do not wait for this appointment if you have a concern no matter how big or small. Call us, e-mail us, send photos. We are here for all aspects of your post-procedure care.

In Case of Emergency

Dr Tony Moore can be contacted at any time on 08 70894486 to discuss your concerns. If you have a life threatening emergency please call 000.